

## Day tour: Bike & Wine or Bike & Lunch (DTC 002 UMB)

A cycling, culture and gourmet day tour



This guided or self-guided tasty day tour 'Bike & Wine' or Bike & Lunch makes an unforgettable day !

You cycle through the beautiful Umbrian landscape with agricultural fields, vineyards and many olive trees, which have become now the symbol of the region of Umbria. The day tour departs from our bike deposit, close to Assisi, or from the winery. The first stop is in Santa Maria degli Angeli with its impressive dome of the Franciscan Basilica, visible from afar. In this church is enclosed the 'Porziuncola', a 9th century little church of high historical and artistic value and one of the most sacred places for the Franciscans, because to St Francis and St. Clare it has given rise to a new spiritual life.

The route continues along quiet country roads and never fails to surprise you with the beauty of the landscape that alternate colours and flavours with the change of seasons: from intense green shades of springtime to the light brown and grain gold of summer, red and purple in autumn to the nostalgic tones of winter.

Surrounded by a harmonious alternation of rolling hills and medieval towns your view opens up to Spello, declared by Emperor Caesar 'Splendidissima Colonia Julia'. This village, among the most beautiful of Italy, known for its marvellous alleys, where the stone walls are dotted with colourful flower pots, retaining many remnants of the glorious Roman past and famous works of art in palaces and churches from 13th to 17th century. You cross the historic centre and then join the Via degli Olivi (Olive Trees Road) from which you have magnificent views of the valley below. Finally, you make a stop at a family-run organic winery, where you still feel the strong and true winemakers' spirit of the past, where the

grape still grows according to nature and the wine has a variety of scents and flavours. You visit the winery, talk with the winemakers' and will taste their excellent products.

This day bike tour is a pleasant day forgetting stress and tension dedicating yourself to nature, relaxation and taste !



The tour is self-guided or on request guided

Distance: about 33 km /21 miles

Level: easy (only a serious climb in the town of Spello, which is built on a hilltop, but this you could do walking)

### **Prices per person 2020:**

#### **Bike & Wine**

Price for an adult € 35,00

Children from 5 till 13 years: € 20,00 (bike rental, tasting products and alcohol free drinks)

#### **Bike & Lunch**

Adults (2-3 people) € 60,00

Adults (4 or more people): € 50,00

Children 5-13 years: € 35,00

Extra services:

- Pick-up and drop off at Assisi or at the station of Assisi  
€ 10,00 (1-2 persons)  
€ 15,00 (3-4 persons)
- Deliver to and pick up the bikes at your hotel in Assisi  
€ 6,00 (2 bikes)

- € 10,00 (3-4 bikes)
- € 15,00 (5-6 bikes)
- Half day tour guide € 90,00
- Supplement e-bike € 15,00 per bike

**Included in the price:**

- bike rental
- wine-tasting or lunch in an organic-farm
- 1 bottle of wine to take away
- free parking at our deposit or at the winery
- route notes and maps

\* Please notify us if you have special diets or allergies



**Ecologico Tours & Meravigliosa Umbria**

[www.meravigliosaumbria.com](http://www.meravigliosaumbria.com)  
e-mail [info@meravigliosaumbria.com](mailto:info@meravigliosaumbria.com)  
tel. (0039) 346 3254167 & (0041) (0) 79 2457505

